Tripura Board of Higher Secondary Education

Class 12th Model Question Paper Jan 2016

Sub- PSYCHOLOGY

Time : 3 Hrs. 15 Minutes **Maximum Marks : 70**

General Instructions :

সাধারণ নির্দেশাবলী ঃ

(১) প্রতিটি প্রশ্নই আবশ্যিক।

(২) সার্বিক ভাবে কোনও বিকল্প প্রশ্ন থাকবে না। তবে ৩ নম্বর মানের জন্য যে কোন অধ্যায়ের ৩টি প্রশ্নের এবং ৫ নম্বর মানের ক্ষেত্রে সবকটি প্রশ্নের একটি করে বিকল্প প্রশ্ন থাকবে।

(৩) 'খ' বিভাগ, 'গ' বিভাগ এবং 'ঘ' বিভাগের প্রতিটি প্রশ্নের উত্তরের জন্য যথাক্রমে ৩০টি শব্দ, ৬০টি শব্দ এবং ১৫০টি শব্দ পর্যন্ত সীমাবদ্ধ। তবে পরিসংখ্যানের ক্ষেত্রে শব্দ-সীমা প্রযোজ্য নয়।

ক-বিভাগ

১। 'বুদ্ধি হল বিমূর্ত চিন্তা করবার শক্তি'— বক্তা কে? ১

২। 'Borderline' এর বুদ্ধ্যাঙ্কের প্রসার হল—(i) ৮০-৮৯ (ii) ৭০-৭৯ (iii) ৬০-৬৯ ১

৩। কে গোষ্ঠীকে 'যুগল' এবং 'ত্রয়ী' গোষ্ঠীতে বিভাজন করেন? ১

৪। কে প্রথম 'জ্ঞানমূলক- অসংগতি'র কথা বলেছেন? ১

৫। MMPI-এর পুরো নাম লিখ। ১

৬। 'সংগতি বিধান' একটি ধারাবাহিক প্রক্রিয়া'- সত্য না মিথ্যা ১

৭। GAS model-এর শেষ স্তর কোনটি? ১

৮। 'DSM-IV'-এ মোট কয়টি অক্ষ আছে? ১

৯। 'Adolescence' শব্দটি গ্রীক শব্দ— থেকে নেওয়া হয়েছে। ১

১০। পরিবেশের মৌলিক প্রকারভেদগুলি কি কি? ১

১১। কোন 'কার্টিক বন্টন'টি স্বাভাবিক বন্টন রেখার অন্তর্গত। ১

খ-বিভাগ

১২। মানসিক বয়স বলতে কি বোঝ? ২

১৩। 'প্রথানুসারী আচরণ' কি? ২

১৪। মনোভাব গঠনে Cultural Norm-এর গুরুত্ব কি? ২

১৫। 'অবাধ অনুষঙ্গ' সম্পর্কে লিখ। ২

১৬। 'প্রক্ষেপন' কি? ২

১৭। 'আকর্ষণ-বিকর্ষণ' দ্বন্দ্বের সংজ্ঞা লিখ। ২

১৮। 'অবাস্তব চিন্তন' (delusion) এবং 'অবাস্তব প্রত্যক্ষণ' (hallucination) এর মধ্যে পার্থক্য নির্ণয় কর। ২

১৯। Gender Stability বলতে কি বোঝ? ২

২০। 'পরিবেশ শিক্ষা'র দুটি উদ্দেশ্য লিখ। ২

২১। 'সহগতি'র প্রকারভেদ সম্পর্কে লিখ। ২

গ-বিভাগ

২২। অনগ্রসর-শিশুদের সমস্যা সমাধানের যে কোন তিনটি উপায় লিখ। ৩

অথবা

থর্নডাইকের মতে বুদ্ধির বিভিন্ন প্রকারভেদ সম্পর্কে লিখ।

২৩। ‘সামাজিক-শিক্ষা’ কি ভাবে ‘prejudice’-এর উৎস হিসাবে কাজ করে? ৩

২৪। ব্যক্তিত্ব নিরূপণের ক্ষেত্রে সাক্ষাৎকার পদ্ধতিটি সম্বন্ধে আলোচনা কর? ৩

২৫। C.J. Jung প্রদত্ত ব্যক্তিত্বের টাইপ বর্ণনা কর। ৩

২৬। শিক্ষার্থীদের ক্ষেত্রে counselling-এর উপযোগিতা কি?

অথবা ৩

সুষ্ঠু সংগতি সাধনের যেকোন তিনটি লক্ষণ লিখ।

২৭। Stress management-এর ক্ষেত্রে Meditation-এর গুরুত্ব আলোচনা কর। ৩

২৮। Erikson-এর মতে মন:সামাজিক বিকাশের স্তর কয়টি? মন:সামাজিক বিকাশের তৃতীয় স্তরটি আলোচনা কর। ১ + ২

অথবা

স্বরূপত্ব বিকাশের প্রভাব বিস্তারকারী উপাদান হিসাবে ‘পরিবার’ এর ভূমিকা আলোচনা কর।

২৯। পরিবেশের সঙ্গে মানুষের সম্পর্ক ব্যাখ্যা কর। ৩

ঘ-বিভাগ

৩০। ‘প্রাথমিক গোষ্ঠী’ ও ‘মাধ্যমিক গোষ্ঠী’র মধ্যে পার্থক্য নিরূপণ কর। ৫

অথবা

‘নেতৃত্বে’র যে কোন পাঁচটি প্রকারভেদ সম্পর্কে আলোচনা কর। ৫

৩১। ‘অসামাজিক ব্যত্যয়’-এর যে কোন পাঁচটি কারণ লিখ। ৫

অথবা

সিজোফ্রেনিয়া-র প্রকারভেদগুলি আলোচনা কর। ৫

৩২। ‘স্বাভাবিক বন্টন রেখা’ কি? স্বাভাবিক বন্টন রেখার বৈশিষ্ট্যগুলি কি কি? ২ + ৩

অথবা

নিম্নলিখিত পরিসংখ্যা বিভাজনের সাহায্যে একটি আয়তলেখ (histogram) অঙ্কন কর- ৫

Class interval	15-19	20-24	25-29	30-34	35-39	40-44	45-49	50-54
f	3	4	2	8	14	9	6	4

MANUAL

INSTRUCTIONS

The Adjustment Inventory has four parts. Each part has 35 statements. In the Right side of each statement 'Yes', and 'No' have been given. If you agree with the statement or to the facts mentioned in the statement [√] 'Yes'. If your answer is negative, i.e., your are not agreeing to the facts mentioned in the statement [x] 'No'. There is no time limit, but should answer all the items quickly.

SCORING

Scoring of the inventory is most easy. You have to count the number of responses where the individual has 'Yes' only. For each 'Yes' responses 1 Score is to be given. The total number of 'Yes' scores thus make total score of the individual in the part.

Yes	1
No	0

You are not concerned to the 'No' response.

The inventory is totally negative inventory. When an individual answers in 'Yes', it indicates his difficulties. If he answers in 'No', it indicates that the individual has no such difficulty. His answer is neither affirmative nor negative towards difficulties. Therefore, only 'Yes' responses are scored to measure Adjustment difficulty.

STANDARDIZATION

The inventory has been normalised in terms of Mean and Standard Deviation and secondly, in terms of grade norms.

Mean and S.D. for Boys and Girls

Sl. No.	Areas	Sex	High School		Intermediate		Graduate		Postgraduate	
			M	S.D.	M	S.D.	M	S.D.	M	S.D.
1.	Home	Boys	9.74	3.20	10.17	3.92	9.00	3.96	10.02	3.90
		Girls	10.86	4.76	9.96	4.50	10.34	3.92	10.39	3.59
2.	Health	Boys	8.00	4.13	7.98	4.01	8.60	3.06	5.00	3.45
		Girls	7.35	4.00	8.64	4.90	7.93	3.69	7.56	3.98
3.	Social	Boys	9.92	3.73	10.34	4.00	9.97	4.01	8.79	4.01
		Girls	8.76	3.85	7.98	4.05	8.93	4.12	7.04	3.98
4.	Emotional	Boys	9.01	4.34	8.97	5.00	7.98	4.12	6.98	3.49
		Girls	7.98	4.62	10.78	4.43	10.00	4.74	10.34	4.26

GENERAL NORMS

Classification of Adjustment in Temrs of Categories

HIGH SCHOOL STUDENTS

INTERPRETATION	RANGE OF SCORES			
	Home	**Health**	**Social**	**Emotional**
Excellent	4 & below	2 & below	6 & below	1 & below
Good	5 - 7	3 - 4	7 - 9	2 - 4
Average	8 - 14	5 - 9	10 - 16	5 - 11
Unsatisfactory	15 - 17	10 - 11	17 - 19	12 - 14
Very Unsatisfactory	**18 & above**	**12 & above**	**20 & above**	**15 & above**

INTERMEDIATE STUDENTS

INTERPRETATION	RANGE OF SCORES			
	Home	**Health**	**Social**	**Emotional**
Excellent	5 & below	2 & below	5 & below	1 & below
Good	6 - 7	3 - 4	6 - 8	2 - 4
Average	8 - 12	5 - 9	9 - 15	5 - 13
Unsatisfactory	13 - 14	10 - 11	16 - 18	14 - 17
Very Unsatisfactory	15 & above	12 & above	19 & above	18 & above

DEGREE STUDENTS

INTERPRETATION	RANGE OF SCORES			
	Home	**Health**	**Social**	**Emotional**
Excellent	3 & below	below 1	6 & below	2 & below
Good	4 - 6	1 - 3	7 - 9	3 - 5
Average	7 - 13	4 - 10	10 - 16	6 - 12
Unsatisfactory	14 - 16	11 - 13	17 - 19	13 - 15
Very Unsatisfactory	**17 & above**	**14 & above**	**20 & above**	**16 & above**

POST-GRADUATE STUDENTS

INTERPRETATION	RANGE OF SCORES			
	Home	**Health**	**Social**	**Emotional**
Excellent	4 & below	below 1	6 & below	below 1
Good	5 - 7	1 - 3	7 - 9	1 - 3
Average	8 - 14	4 - 10	10 - 16	4 - 12
Unsatisfactory	15 - 17	11 - 13	17 - 19	13 - 16
Very Unsatisfactory	18 & above	14 & above	20 & above	17 & above

Please fill in the following informations :- Date | | | | | | | | |

Name _____

Age _____ Sex _____

Class _____

Father's occupation _____ Education _____

Monthly Income _____

INSTRUCTIONS

This inventory consists of four parts. 35 statements are given in each part. Two alternatives 'Yes' and 'No' are given against each statement. If you wish to answer the statement in 'Yes' i.e. you agree with the facts given in the statement then put a cross [√] in the box given below 'Yes'. If your answer is negative i.e. you do not agree with the facts given in the statement then put a cross [X] in the box given below 'No. Though there is no time limit, still try to answer all the statements quickly.

SCORING TABLE

Area →	I	II	III	IV
Scores				
Interpretation				

Sl. No.	STATEMENTS	Yes	No.
	PART - I		
1.	Have you ever had a firm idea of absconding the home?	☐	☐
2.	Do you ever feel that your parents are not satisfied with you?	☐	☐
3.	Are you sad with the works done by your father to run your family?	☐	☐
4.	Do your mother have supremacy in your family?	☐	☐
5.	Hs anyone among your mother-father ever condemn you in vain?	☐	☐
6.	Do you think that there is no true affection in the family?	☐	☐
7.	Do you always have good relations with your father?	☐	☐
8.	Do your parents stress upon obeying them instead of paying attention to your matters.	☐	☐
9.	Being your family life sorrowful, has anyone in your family become ill or died?	☐	☐
10.	Does your home appear to you sorrowful because of shortage of money?	☐	☐
11.	Have your parents ever suspected your character?	☐	☐
12.	Do your parents forbld you to remain with such type of friends you remain with?	☐	☐
13.	Do your mother or father irritates soon?	☐	☐
14.	Do you mostly remain disagreeable with your parents regarding the process of work at home?	☐	☐
15.	Do farmily quarrels usually occur between your relations?	☐	☐
16.	Do you mostly keep on quarrelling with your brothers and sisters?	☐	☐
17.	Do your parents understand you to be a child and do not think that you have grown up now?	☐	☐
18.	Do you feel that your parents are unnecessarily strict with you?	☐	☐
19.	Does any of your parents have any peculiar habit which you hate?	☐	☐
20.	Do you love your mother more than your father?	☐	☐
21.	Have you to leave your house or keep quiet for maintaining peace in the family?	☐	☐
22.	Have your parents created great fear in your mind for any specific work?	☐	☐

Sl. No.	STATEMENTS	Yes	No.
23.	Do you sometime feel angry and sometime happy upon your family members according to the time?	☐	☐
24.	Does your mother love you very much?	☐	☐
25.	Does your mother love you very much?	☐	☐
26.	Do all the essential things exist in your house?	☐	☐
27.	Do the ideals of life of your father match with your ideals?	☐	☐
28.	Have your parents ever provoked you for your personal figure and colour?	☐	☐
29.	Do the ideas of your mother-father not match with each other?	☐	☐
30.	Did your parents often beat you between the age of 1- and 15 years?	☐	☐
31.	Are you not in agreement with the ideas of your parents regarding your aims of life?	☐	☐
32.	Is any of your mohter-father of irritant habit?	☐	☐
33.	Do your mother or father keep you in strict control?	☐	☐
34.	Do you ever think that your parents are unable to understand you?	☐	☐
35.	Do you feel that the family lives of your friends are more pleasant than yours?	☐	☐

Sl. No.	STATEMENTS	Yes	No.
	PART - II		
1.	Do you get afraid soon with others?		
2.	Do your eyes feel difficulty in facing very bright light?		
3.	Are you a patient of asthama or malaria etc.?		
4.	Have you ever had Diphtheria or high fever in childhood?		
5.	Do you always remain afflicted by headache?		
6.	Do you feel difficulty in sleeping when there is any kind of noise in house?		
7.	Do you usually feel more tired at the end of the day?		
8.	Have you reduced some of your body weight these days?		
9.	Have you ever had serious injury in any accident?		
10.	Have you ever had any surgical operation?		
11.	Do you feel much cold?		
12.	Do you usually get afflicted with influenza?		
13.	Did you ever become seriously ill during last ten years?		
14.	Are you suffering from the problems of gas?		
15.	Do you feel giddiness?		
16.	Do your eyes pain usually?		
17.	Do you feel tiredness when you wake-up in the morning?		
18.	Do you often take medicines?		
19.	Do you usually feel like tired?		
20.	Do you usually get indigestion problem?		
21.	Do you usually get sour throat?		
22.	Do you usually have disease of vomiting or diarrhorea?		
23.	Do you have much problem of constipation?		
24.	Have you been too much ill during your childihood?		
25.	Do you feel difficulty in breathing with nose?		

Sl. No.	STATEMENTS	Yes	No.
26.	Do you ever have sharp headache?		
27.	Is your body weight less than an average?		
28.	Do you usually take your food before feeling hungry?		
29.	Do you use spectacles?		
30.	Do you think necessary to take care of your health?		
31.	Are your usually absent because of illness?		
32.	Are you teeth such that you feel necessity for medication?		
33.	Do you have any trouble in heart, lungs or kidney?		
34.	Have you ever had skin disease?		
35.	Do you have trouble in getting rid of cold?		

PART - III

1.	Do you enjoy social gatherings just to meet the persons?		
2.	Do you like to meet the chief guest while attending any reception function?		
3.	Do you take responsibility of introducing persons while attending such functions?		
4.	Do you feel difficulty in giving proper answer while taking part in group conversation?		
5.	Have you been leader of any party?		
6.	Do you hesitate in going into any meeting when all the persons have seated?		
7.	Can you deliver speech in the presence of all in the class?		
8.	Do you keep on talking with your fellow travellers while travelling by rail or bus?		
9.	Do you feel easy in asking help from others?		
10.	Do you get harassed with your shyness?		
11.	Do you enjoy in starting conversation in public?		
12.	Do you have experience of planning and directing the works of public?		
13.	Do you feel difficulty in talking with any new unknown person?		
14.	Do you find yourself unable in answering in the class even remembering the answer?		

Sl. No.	STATEMENTS	Yes	No.
15.	Do you feel easy in having friendship with opposite sex person?		
16.	Would you like to do work for others instead of asking others to do work for you if you are given a dinner?		
17.	Do you have experience in delivering speech in meetings?		
18.	Do you have difficulty in delivering speech in presence of persons?		
19.	Do you enjoy social dances more?		
20.	Will you prefer to go personally and take something you want from an unknown person instead of writing a letter or asking any other person to bring it?		
21.	Do you feel self-respect in living with the persons you admire most and not known fully?		
22.	Have you ever been a leader of any social programme?		
23.	Do you move sideways on road to side the eye-sight of any specific person?		
24.	Will you prefer to stand or come back on reaching late in any meeting instead of sitting infront?		
25.	Do you make friends with readiness?		
26.	Are you leader in any party?		
27.	Do you prefer to have heartily friendship with some specific persons instead of having acquaintance with more persons?		
28.	Do you feel disheartend in seeking permission for leaving any specific party of persons if you wish to leave it?		
29.	Do you lag behind in social functions?		
30.	Do you get perplexed all together, if any teacher calls you all of a sudden?		
31.	Do you feel difficult to talk with a stranger?		
32.	Are you delighted in taking part in fairs and gatherings?		
33.	Do you understand self-respect in speaking on any thing in the class?		
34.	Do you hesitate in speaking in the class?		
35.	Do you hesitate in entering the room if some persons are talking with each other there?		

Sl. No.	STATEMENTS	Yes	No.

PART - IV

1.	Do you day-dream?		
2.	Does testing by doctor for any disease frightens you?		
3.	Do you sometimes get sad for unknown reasons?		
4.	Have you ever felt that someone may hypnotise you and make you work against your will?		
5.	Do you feel lonely while staying in a crowd?		
6.	Do you feel tired at the end of the day?		
7.	Do you get frightened with the idea of earthquake or fire?		
8.	Do tears in you eyes come soon?		
9.	Do you get frightened on seeing a snake?		
10.	Have your been convicted even if you are not guilty?		
11.	Does lightning frighten you?		
12.	Do you get discouraged repeatedly on securing less marks in examinations?		
13.	Do you feel jealous of others being happy?		
14.	Do you loose courage very easily?		
15.	Do you usually feel sad upon your acts?		
16.	Have you ever got frightened of falling down after climbing a high mountain?		
17.	Do you get angry very soon?		
18.	Do you usualy remain sad?		
19.	Do you get perplexed with the feeling of inferiority?		
20.	Do you understand yourself strong?		
21.	Do you easily get shy?		
22.	Do you feel troubled with any hearsay?		
23.	Does your feeling get hurt with any hearsay?		
24.	Do you become troubled with probable difficulties?		
25.	Do you ever get worried for the persons may not read your ideas?		

Sl. No.	STATEMENTS	Yes	No.
26.	Do you ever have an idea that persons are sepoying you on the road?	☐	☐
27.	Do you get much troubled on hearing complaints?	☐	☐
28.	Do you usually get irritated?	☐	☐
29.	Do you sometimes have useless ideas in your brain and feel distressed with them?	☐	☐
30.	Do you get agitated soon?	☐	☐
31.	Do you get too much distressed with your experiences of poverty?	☐	☐
32.	Do you get too much frightened with a person even knowing that he cannot harm you?	☐	☐
33.	Do you get happy and sad on and of without any specific reason?	☐	☐
34.	Do you ever have an idea of your being unable to sleep?	☐	☐
35.	Do you fear in living alone in dark?	☐	☐

SAMPLE QUESTION PAPER

PSYCHOLOGY

CLASS-XII

General Instructions

1. All the questions are compulsory.
2. There is no internal choice except 3 questions of 3 marks and all the questions of 5 marks weightage.
3. The word limit for Group-B is 30 words, Group-C 60 words and Group-D 150 words. Word limit is not applicable in case of statistics.

Group- A

1. "Intelligence is the ability of abstract thinking"- Who said this? 1
2. The IQ of the "Borderline" ranges from- i) 80-89 ii) 70-79 iii) 60-69 1
3. Who classified the group into "dyad" and "triad" group? 1
4. Who first stated the concept of "cognitive dissonance"? 1
5. Write the full form of MMPI. 1
6. "Adjustment is a continuous process"- True/False 1
7. What is the last stage of GAS model? 1
8. How many "Axis" are there in DSM IV? 1
9. The term 'Adolescence" has been derived from the Greek word …… 1
10. What are the basic types of environment? 1
11. Which type of kurtic distribution is normal probability curve? 1

Group- B

12. What is meant by Mental Age? 2
13. What is "conformity"? 2
14. Write the importance of "Cultural Norm" in formation of attitude. 2
15. Discuss about "Free Association Method". 2
16. What is "Projection"? 2
17. Define "Approach-Avoidance Conflict". 2
18. Distinguish between "Hallucination" and "Delusion"? 2
19. What do you mean by gender stability? 2
20. Discuss any two objectives of Environmental Education. 2
21. What are the different types of correlation? 2

Group- C

22. Write any 3 measures to solve the problems of backward children. 3

    OR

    Write about the different types of intelligence according to Thorndike. 3
23. How does social learning act as a source of prejudice? 3
24. Discuss about "interview" as a method of measuring personality. 3
25. Describe the personality type as advocated by C.G. Jung. 3
26. What is the utility of counseling among the students? 3

    OR

    Write any 3 criteria of "Good Adjustment"? 3

27. Discuss the importance of meditation in case of stress management. 3

28. How many stages of psycho-social development are there according to Erikson? Discuss the third stage of the psycho-social development. 1+2

OR

Discuss the role of family as a factor which influences the identity development. 3

29. Define the relationship between man and environment. 3

Group- D

30. Differentiate between primary group and secondary group. 5

OR

Discuss in brief any five types of leadership. 5

31. Delineate any 5 causes of antisocial disorder. 5

OR

Describe about the different types of schizophrenia. 5

32. What is Normal Probability Curve? What are the characteristics of Normal Probability Curve? 2+3

OR

Construct a histogram with the help of the following distribution: 5